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Controlled formation and disappearance of creases

Dayong Chen^{1,*}, Lihua Jin^{2,*}, Zhigang Suo², Ryan C. Hayward¹

- 1 Department of Polymer Science & Engineering, University of Massachusetts, Amherst, MA, 01003, USA.
- 2 School of Engineering and Applied Sciences, Kavli Institute for Nanobio Science and Technology, Harvard University, Cambridge, MA, 02138, USA.

*These authors contributed equally to this work.

Correspondence should be addressed to suo@seas.harvard.edu (ZS), or rhayward@mail.pse.umass.edu (RH)

Abstract

Soft, elastic materials are capable of large and reversible deformation, readily leading to various modes of instability that are often undesirable, but sometimes useful. For example, when a soft elastic material is compressed, its initially flat surface will suddenly form creases. While creases are commonly observed, and have been exploited to control chemical patterning, enzymatic activity, and adhesion of surfaces, the conditions for the formation and disappearance of creases have so far been poorly controlled. Here we show that a soft elastic bilayer can snap between the flat and creased states repeatedly, with hysteresis. The strains at which the creases form and disappear are highly reproducible, and are tunable over a large range, through variations in the level of pre-compression applied to the substrate and the relative thickness of the film. The introduction of bistable flat and creased states and hysteretic switching is an important step to enable applications of this type of instability.

While elastic instabilities, such as buckling of a column or wrinkling of a sheet, have long been regarded as modes of failure in architectural structures,¹ electromechanical systems,² and composite materials,³ they have increasingly been exploited for a variety of applications.⁴⁻¹² An example of recent interest is the formation of surface creases when a soft elastic material is compressed beyond a critical value.¹³⁻¹⁶ Creases may look superficially like cracks, since both correspond to sharp, singular features. A significant difference, however, can be readily appreciated and will have practical implications. While repeated opening and closing of cracks often leads to fatigue and catastrophic failure, the elastic character of creases makes it possible to cycle a soft material repeatedly between flat and creased states without inducing damage.

The formation of creases corresponds to a pronounced change of state, reminiscent of a phase transition. This change of state has recently been used to connect diverse stimuli to multiple functions. Crease-inducing stimuli include temperature,¹⁷ light¹⁸ and electric fields.^{19,20} Functions enabled by the formation of creases include the control of chemical patterns,^{17,18} enzymatic activity,¹⁷ cellular behavior,²¹ and adhesion.²² Each of these applications depends on how creases form and disappear. For a planar surface under in-plane compression, the creasing instability is supercritical, where creases appear and disappear at the same critical strain, with no hysteresis.¹⁵ In practice, however, surface tension provides a small energy barrier against creasing, thus leading to nucleation and growth of shallow, but finite-depth, creases at small over-strains beyond the critical value.¹⁶ It is tantalizing to imagine devices that exploit snapping creases, in a way analogous to other snap-through instability used to trigger giant deformation between bistable states.^{11,12} Unfortunately, the challenges associated with controlling this barrier, and the related presence of adhesion within the self-contacting creases¹⁶, have led to widely varying degrees of hysteresis in different material systems²³⁻²⁷ complicating the application of creases.

Here we describe a strategy to create bistable flat and creased states, and to switch between the two states repeatedly, with hysteresis, at reproducible strains. We pre-compress a thick substrate, and then attach a thin film on top of the substrate. When we further compress the substrate-film bilayer, the thin film provides an elastic barrier between the flat and the creased states, and the thick substrate enables deep and widely spaced creases. We use a combination of experiments and calculations to show that this approach yields well-defined bistable states, connected by snap-through instability. The strains at which the creases form and disappear are tunable over a large range, through the pre-compression of the substrate and the relative thickness of the film.

The formation of creases can be either a supercritical or subcritical bifurcation. We sketch the bifurcation diagrams using the applied strain ε as the control parameter, and the depth of crease d as an indicator of state (Fig. 1). The depth of a crease d is defined as the distance between the uppermost point on the free surface and the bottom of the self-contacting region. For each type of bifurcation, a compressed solid has two branches of equilibrium states: the flat and the creased states. In the bifurcation diagram, the branch of flat states corresponds to the horizontal axis $d = 0$, while the branch of creased states corresponds to a curve with $d > 0$. In the supercritical bifurcation, the creased branch is a monotonic function. When ε exceeds a critical value ε_c , the flat surface forms creases. The depth of the creases d is infinitesimal initially, and then increases gradually as ε increases. When ε is reduced, the creases disappear at the same critical strain ε_c , with no hysteresis. By contrast, in the subcritical bifurcation, the creased branch is not a monotonic function. When the applied compressive strain exceeds the strain ε_F , the flat state becomes unstable, but no creased state of small depth exists; rather, the flat surface snaps forward to a state with creases of finite depth d_F . When the applied compressive strain is reduced, the depth of the creases decreases gradually initially and then, at

a finite depth d_B and strain ε_B , the creased surface snaps backward to the flat state. That is, the switching between the flat and the creased state is hysteretic.

We can also describe the subcritical bifurcation by sketching the change in elastic energy ΔE to form creases as a function of the depth of the creases d (Fig. 1c). A minimum energy corresponds to a stable equilibrium state, and a maximum energy corresponds to an unstable equilibrium state. The shape of the energy landscape depends on the applied compressive strain ε . At a very small strain, $\varepsilon < \varepsilon_B$, creases of any depth raise the energy, and the flat state is stable. At a very large strain, $\varepsilon \gg \varepsilon_F$, the flat state is unstable, and a creased state is stable. At an intermediate strain, $\varepsilon_B < \varepsilon < \varepsilon_F$, the energy landscape has two local minima, one corresponding to a flat state, and the other to a creased state. Between the snap-forward strain ε_F and the snap-backward strain ε_B lies the Maxwell strain ε_M , at which the two energy minima are equal. The flat state has a lower energy than the creased state when $\varepsilon_B < \varepsilon < \varepsilon_M$, and the opposite is true when $\varepsilon_M < \varepsilon < \varepsilon_F$.

We design a system capable of tunable hysteresis of creases by using a multilayer setup (Fig. 2). We stretch a mounting layer to a length L_o , and attach a substrate of undeformed thickness $H_s = 200 \mu\text{m}$. We then partially relax the mounting layer to a length L , which compresses the substrate to a pre-strain $\varepsilon_o = 1 - L / L_o$. On the pre-strained substrate we attach a film of undeformed thickness $H_f = 4 \mu\text{m}$. When we relax the mounting layer to a length l , the film is under a compressive strain of $\varepsilon = 1 - l / L$. Both the film and substrate are poly(dimethyl siloxane) (PDMS; Sylgard 184, Dow Corning) elastomers of the same composition (40 : 1 base : crosslinker by weight), and thus possess identical elastic properties in the undeformed state (shear modulus $G = 16 \text{ kPa}$). The mounting layer is a much stiffer and thicker PDMS slab

($G = 260$ kPa), which keeps the bottom boundary of the substrate nearly planar while enabling the application of large compressive strains. All experiments are conducted with the surface submerged under an aqueous solution containing 0.5 mg/mL 3-[hydro(polyethyleneoxy) propyl] heptamethyltrisiloxane (Gelest), which greatly reduces both surface tension and self-adhesion,¹⁶ minimizing the importance of these effects compared to elasticity.

We use reflected light optical microscopy to obtain top-view images *in situ* while relaxing the mounting layer (Fig. 3a). The substrate is under pre-strain $\varepsilon_o = 0.15$. When the film is compressed, the flat surface snaps forward into the state of deep creases at strain of $\varepsilon_F = 0.45$. Notably, the value of snap-forward strain ε_F is very close to the anticipated value of 0.44 , i.e., the critical strain for creasing of the film, since the barrier due to surface tension here is very low, and hence even small defects are sufficient to enable creases to nucleate. As compressive strain is further increased, additional deep creases nucleate and grow on the surface, eventually packing into a quasi-periodic array. When the compressive strain is reduced below the snap-backward strain, the surface becomes flat again. No scars or other visible signs of the creases remain.

We use finite-element software ABAQUS to simulate the formation of creases. To construct the entire branch of ceased states, namely, both the stable and unstable equilibrium states, we use the Riks method of arclength continuation.²⁸ Because the length of a crease is unknown, to be determined as part of the solution, the simulation often does not converge. To enable these calculations, we therefore place a much softer material on top of the film, which prevents surface self-contact and facilitates convergence of the simulation. As the modulus of this top layer is made much smaller than that of the film and substrate, the result will asymptotically approach that for a free surface.²⁹ As an example, we present the bifurcation diagram for the case $\varepsilon_o = 0.15$ and $H_f / (H_s + H_f) = 0.02$ (Fig. 3b) obtained using this method.

Also shown are cross-sections generated from the simulation (Fig. 3c). The snap-forward strain is set by the condition to form a crease in the film, which should be the same as the critical strain for a crease to form in a homogeneous material under uniaxial compression, $\varepsilon_F = 0.44$.¹⁵ The result calculated here, $\varepsilon_F = 0.46$, is slightly higher than this value, reflecting the small influence of the soft material placed above the film. We focus on the case that the film is much thinner than the substrate, $H_f \ll H_s$. The equilibrium depth of this crease will be set by the substrate thickness—that is d_F is a fraction of H_s . Over some intermediate range of strains, two (meta-)stable states exist, one corresponding to a flat surface ($d = 0$), and the other to a deep crease. In this regime, the film remains below the critical strain for creasing, and hence a shallow crease with $d \ll H_f$ raises the elastic energy, while the substrate is above the critical strain, and hence a deeper crease that penetrates into the substrate with $d \gg H_f$ can lower the elastic energy.

To provide a detailed comparison with these predictions, we use laser scanning confocal microscopy (LSCM) to characterize the cross-sections of the samples. The film is stained with fluorescein¹⁶, and the deep crease is clearly visible (Fig. 3b inset). Experiments show that upon loading (solid symbols) the surface remains flat until a strain of $\varepsilon \approx 0.45$ before forming creases. Just beyond this point, a normalized crease depth of $d_F / (H_s + H_f) = 0.36$ is measured, clearly indicating that the creases extend a distance many times the film thickness into the substrate. These values are in good agreement with numerical predictions. As mentioned above, the snap-forward strain ε_F obtained by the finite element simulations is around 0.46, which is slightly above the anticipated value of 0.44, due to the addition of the extremely compliant layer to help the numerical convergence. The snap-forward strain ε_F observed in experiments is also around 0.46, due to the small surface energy barrier.

Upon subsequently reducing the strain (open symbols), the creases become shallower before undergoing snap-through transitions back to the flat state at value of $\varepsilon_B = 0.38$. The experimental results and numerical predication show good agreement, although the measured values of ε_B are slightly lower than the predictions. In the simulations, the snap back strain ε_B is slightly overestimated due to the soft layer placed above the film. We also suspect that the experimental value of ε_B may be reduced slightly due to a small amount of adhesion of the surface within the self-contacting region. Nevertheless, bistability between flat and creased states, and a well-defined window of hysteresis are clearly developed by applying a compressive pre-strain to a soft substrate underlying a soft film.

Our experimental measurements show that the snap-forward and snap-backward strains are reproducible (Fig. 4). The measured values of ε_F and ε_B remain unchanged over several cycles within the precision of our measurements, once again indicating that no permanent scarring or damage to the material has occurred. The inset images in Fig.4 show the first cycle (a and b) and the third cycle (c and d) switching between creased states and flat states. During the third cycle, the sample is left creased (image c) for 2-3 days prior to snapping back at the same strain, indicating that even long-term aging does not damage the material.

When the applied strain lies between the Maxwell strain ε_M and the snap-forward strain ε_F , the flat state is metastable against the formation of creases, and hence it should be possible to mechanically perturb the surface to overcome the elastic energy barrier and drive the formation of a deep crease. Supplementary movie 1 shows just this behavior on the surface of a bilayer with $\varepsilon_0 = 0.15$ and $\varepsilon = 0.42$ gently poked with a glass micropipette. Initially, a crease forms rapidly, and only in the vicinity of the perturbation. However, since the crease is lower in energy than the flat state, this localized crease spreads laterally, or “channels”, slowly from both

ends over time. While this local snapping is fast, propagation of the short deep crease is slow. On the contrary, if the applied strain is below ε_B , the flat surface is the global energy minimum and should be stable against perturbations. For bilayer with $\varepsilon_o = 0.15$ and $\varepsilon = 0.37$, while poking with a glass micropipette induces formation of a transient crease, the flat state is quickly recovered (Supplementary movie 2).

This behavior allows us to experimentally determine the Maxwell strain, where the crease propagation speed should vanish, which is otherwise difficult to measure. As in movie 1, an isolated crease is formed first by poking the surface of a sample compressed to $\varepsilon_M < \varepsilon < \varepsilon_F$. The compressive strain is then reduced stepwise and the crease propagation velocity characterized at each step (Supplementary movie 3). The velocity decreases as the applied strain is lowered, due to the reduction in the driving force for growth (i.e., the difference in elastic energy between the flat and creased states), just as in channeling of cracks.³⁰ When the strain is reduced to the Maxwell strain, the crease ceases to propagate, and ultimately begins to retract from both ends with further decreases in strain. In the simulations, the Maxwell strain is defined as the strain when the flat state and the deep creased state have the same elastic energy. When $\varepsilon_o = 0.15$ and $H_f / (H_f + H_s) = 0.02$, the Maxwell strain is predicted as $\varepsilon_M = 0.402$, while the measured value is $\varepsilon_M = 0.397 \pm 0.005$, very close to the prediction. However, we note that the predicted Maxwell strain is for periodic creases, while the measured Maxwell strain is for an isolated crease, thus the two should not agree perfectly. While the kinetics of crease channeling remain under study, we note that the slow propagation speeds of $0.54 \mu\text{m/s}$ to $-0.14 \mu\text{m/s}$ (Fig. 5), likely reflect the viscoelastic relaxation of material elements near the front of the propagating crease, in a similar fashion as for propagating cracks.³¹

We use finite element simulations to characterize how the hysteresis of creases depends on the level of pre-strain and the thickness ratio of the film and substrate (Fig. 6). The snap-

forward strain ε_F has no dependence on either quantity, as it is simply determined by the stability of the film against forming a shallow crease. In contrast, the snap-backward strain ε_B increases with $H_f/(H_f+H_s)$ but decreases with ε_0 . Snapping back is determined by the difference between the energy reduction in the substrate and the energy increase in the film in the deep creased state with respect to the flat state. When the pre-strain ε_0 is larger, the energy reduction in the substrate in the deep creased state is bigger and hence the snap back strain is lower. When the thickness ratio $H_f/(H_f+H_s)$ is larger, the energy increase in the film in the deep creased state is bigger and the snap back strain is higher. The snap-forward depth d_F is primarily set by the thickness and strain in the substrate. Hence, d_F is almost independent of the film thickness but increases with the pre-strain. However, the snap back depth d_B increases with the film thickness, for similar reasons as the effect on ε_B described above. The snap back depth d_B also increases with the pre-strain ε_0 , since the depth of the crease increases with the strain in the substrate. In the current study, we only consider pre-strains $\varepsilon_0 \leq 0.2$, because larger pre-strains yield wrinkles at strain smaller than ε_F . However, we note that reducing the modulus of the film below that of the substrate allows the pre-strain ε_0 to be tuned over a larger range. We also include in Fig. 6 the corresponding experimental results for the thickness ratio studied, $H_f/(H_f+H_s)=0.02$, which show rather good agreement with numerical results. These results provide detailed guidelines for fine-tuning both the extent of the hysteresis window in strain, as well as the amplitudes of both the snap-in and snap-out transitions.

In this report, we have described a robust method for controlling the hysteretic behavior of surface creases through application of compressive pre-strain to the substrate of a soft bilayer. Over a well-defined range of strain, the system shows kinetic bistability between flat and

deep creased states with snap-through transitions between these states at either extreme. Surfaces can be repeatedly snapped forward and backward between these states with little variation, and in good agreement with the predictions from numerical analysis. We anticipate that the greatly improved control over hysteresis, and the demonstration of bistability over a substantial range of strain will open new opportunities for applications of creases in sensors and responsive surfaces. This experimental system of a bilayer supported on a pre-stretched foundation provides great freedom to independently tune the modulus, thickness and pre-stretch/compression of both the substrate and film layers. While the current study has concerned only a very small range of parameter space with small values of $H_f/(H_f + H_s)$, identical material properties for the film and substrate, and a narrow range of ε_0 , we anticipate that the same approach will enable detailed studies of the rich landscape of behaviors in other regimes.

Methods

Sample preparation

All experiments are performed on bilayers supported on a pre-stretched elastic ‘mounting layer’. The film layer and substrate layer consist of Sylgard 184 (Dow Corning) PDMS, while the mounting layer is prepared using a custom PDMS formulation from Gelest Inc. The mounting layer is prepared by first thoroughly mixing part A containing 99.997% fumed silica reinforced vinyl terminated PDMS (DMS-V31S15, Gelest Inc.) and 0.003% platinum catalyst (SIP6831.2) and part B containing 90% vinyl terminated PDMS (DMS-V31) and 10% trimethylsiloxy terminated methylhydrosiloxane-dimethylsiloxane copolymer (HMS-301) by a weight ratio 3 to 1. The mixture is then degassed, spread onto a silicon wafer, and cured at 120 °C for 8 h to yield a PDMS film with a thickness of ~1-1.2 mm. This PDMS film is then cut into 0.8 cm × 2 cm slabs

and the shear modulus is determined by tensile experiments to be 260 kPa. The substrate layer is prepared by spin coating degassed Sylgard 184 40:1 (by weight) base : crosslinker mixture onto a polystyrene support at 360 rpm for 120 s. After being cured at 70 °C for 1 h, the substrate layer is bonded to the mounting layer by spinning coating an adhesive layer of uncured 40:1 PDMS at 1200 rpm for 120 s and subsequently crosslinking this layer at 70 °C for 8 h prior to releasing pre-stretch in the mounting layer. Combining the pre-cured film with the adhesive layer gives rise to the substrate layer with an initial thickness of $\sim 200 \mu\text{m}$. Then the polystyrene is detached and the PDMS substrate layer is put under uniaxial compression (ϵ_0) by partially releasing pre-stretch. The top film is a Sylgard 184 40:1 PDMS film with a thickness of $\sim 4 \mu\text{m}$ by spinning at 7000 rpm for 120 s. The top film is first partially cured at 70 °C for 15 min and then attached to the pre-compressed substrate; bonding between the layers is achieved by subsequently fully curing the film at 70 °C for 8 h.

To measure the viscoelastic properties of our samples, compression stress relaxation experiments are conducted on Sylgard 184 40:1 PDMS cylinders with 12.5 mm in diameter and 15 mm in height molded in a syringe by fully curing at 70 °C for 8 h. The compression stress relaxation experiments are performed on an Instron 5800 compression test machine with 50 N loading cell by first loading the cylinder to a compressive strain of 0.45 with a strain rate 0.05 min^{-1} , and then tracking the compressive stress relaxation over 1 h while holding at this strain. Fitting the stress relaxation curve with exponential decay function gives rise to the characteristic viscoelastic time $\tau = 1100 \text{ s}$.

Optical and confocal microscope imaging

Over the strains of interest ($\epsilon = 0.42 - 0.48$ for loading and $\epsilon = 0.48 - 0.35$ for unloading), deformation is performed slowly by applying an incremental changes in strain of

~0.01 every 30 min, while the formation/disappearance of creases is monitored *in situ* using an upright optical microscope (Zeiss AxioTech Vario) in bright field reflection mode. Mechanical perturbation is performed with the sample held at a fixed strain by gently poking the surface with a rounded glass micropipette prepared by pulling a heated glass pipette until break and then forging the tip with a torch.

For laser scanning confocal microscopy (Zeiss 510 META), the top film is labeled by incorporating a small amount of fluorescent monomer (4.5 μg fluorescein-o-acrylate per 1 g PDMS). The sample surface is immersed in a refractive index matched fluid of 72% by weight glycerol and 28% water¹⁶.

Numerical analysis

We use finite-element software ABAQUS to simulate snapping creases in a bilayer film-substrate structure subject to uniform external compression with the substrate under pre-strain. Both the film and the substrate are modeled as incompressible neo-Hookean materials. We write a user-defined material subroutine UMAT for the substrate to include the pre-strains in the free energy function. In order to break the translational symmetry, a small defect is prescribed on the surface, and a crease will form on the position of the defect when the critical strain is reached. To eliminate the effect of the defect, its size is set much smaller than the thickness of the film. At the same time, to resolve the field close to the defect, the size of the elements close to the defect is made much smaller than the size of the defect. The spacing of the creases is prescribed as 2.5 times of the total thickness of the film and substrate. Symmetry is assumed so that only half of a crease is simulated. Riks method based on arclength continuation is used to solve the boundary value problem so that not only the stable solutions, but also the unstable solutions can be captured. After the onset of a crease, the crease tip folds up and forms

self-contact. The combination of the Riks method and contact makes the convergence of the simulation hard. A thick layer with extremely low shear modulus ($1/100$ of the film and substrate shear modulus) is added on the top of the film to prevent self-contact. The top boundary of the extremely compliant layer is constrained to be flat so that instability cannot form there, but can only form on the interface between the film and the extremely compliant layer. As shown in Ref 29, when the modulus of the top layer is much smaller than that of the film and substrate, the result of the interface crease asymptotically approaches that of a surface crease. In order to realize the uniaxial compression condition as in the experiment by a 2D simulation, we model an axisymmetric ring under uniaxial compression parallel to the symmetry axis. The radius of the ring has to be much bigger than its thickness so that the curvature of the ring can be neglected. Element type CAX8H is used.

Acknowledgements

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Author Contributions

D.C. performed the experiments. L.J. conducted the numerical calculations. All authors wrote the manuscript together.

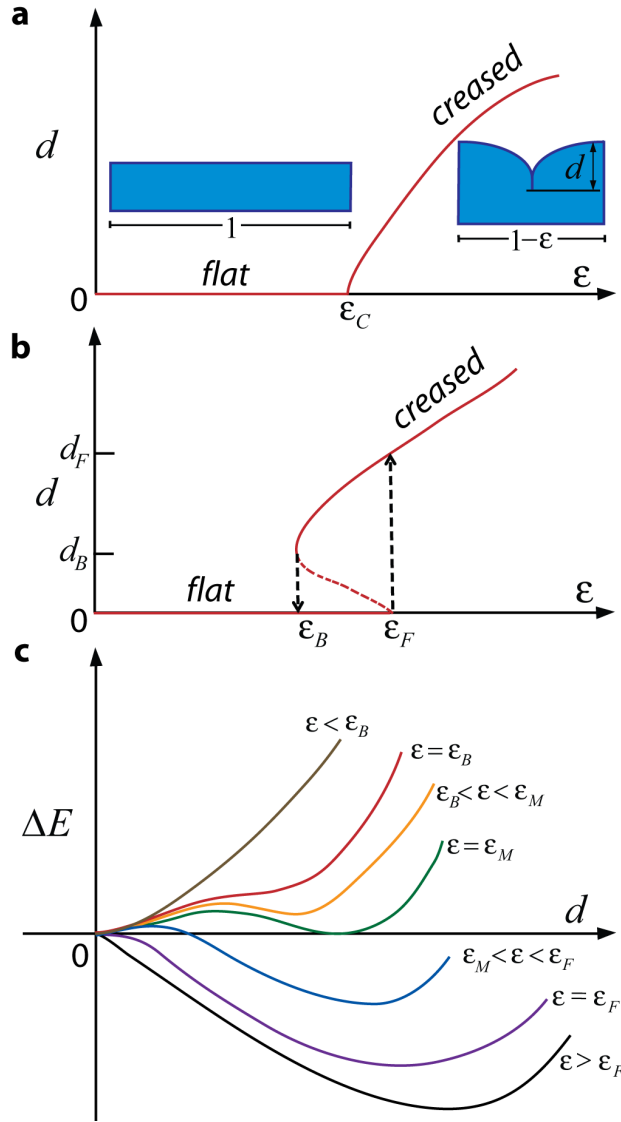


Figure 1 | Supercritical and subcritical creases. Bifurcation diagrams for (a) supercritical and (b) subcritical creases. (c) Energy landscape corresponding to the subcritical bifurcation diagram.

- (a) Extend the flat branch (the horizontal line) beyond the critical strain. Beyond the critical strain, the flat surface is still an equilibrium state, an unstable critical state. The creased state should start vertical up.
- (b) Extend the flat branch beyond the critical strain. Also, use the solid line for unstable states. A bifurcation diagram contains all states of equilibrium, regardless of stability.

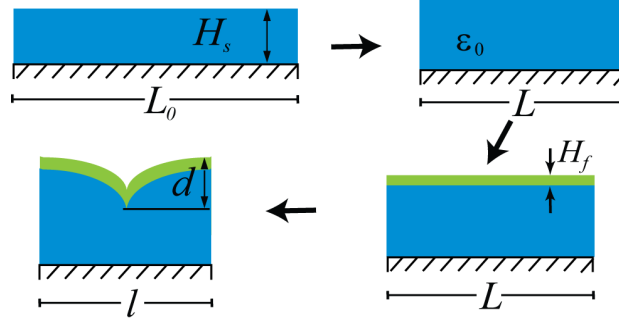


Figure 2 | Experimental setup. A mounting layer is stretched to length L_0 , and a substrate of undeformed thickness H_s is attached over the mounting layer. The mounting layer is partially relaxed to length L , and a film of undeformed thickness H_f is attached over the substrate. The mounting layer is further relaxed to length l .

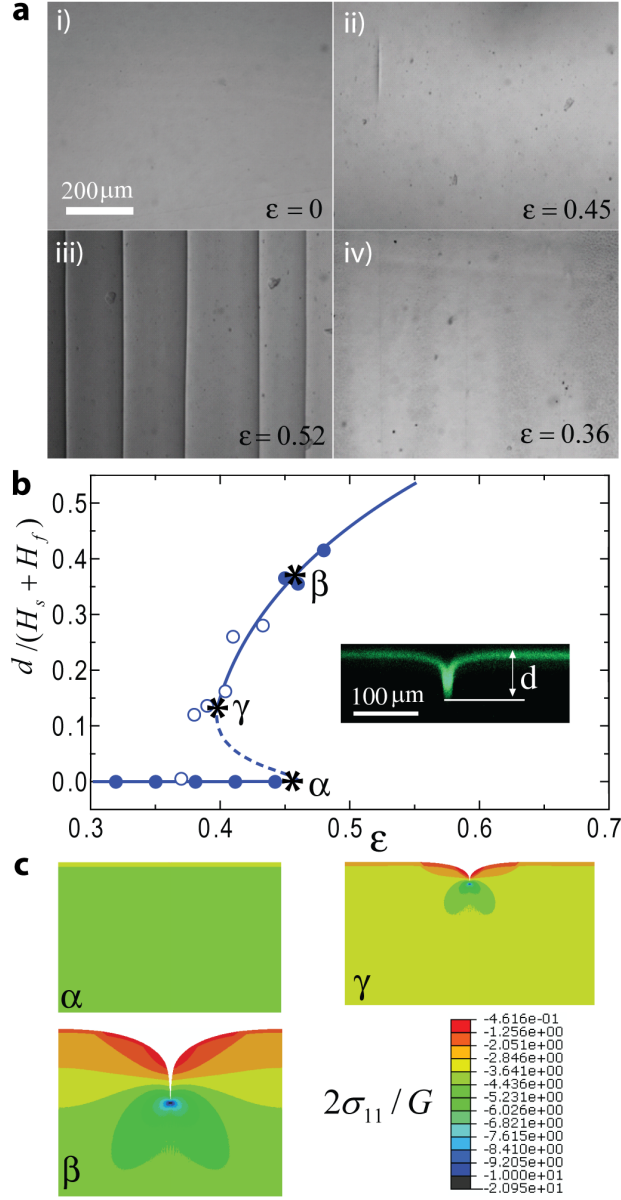


Figure 3 | Hysteresis of creases. The substrate is pre-compressed by a strain of $\varepsilon_0 = 0.15$, and the film-substrate bilayer is then subject to an additional compressive strain ε . (a) Optical microscopy images show that (i) the surface is flat at $\varepsilon = 0$, (ii) snaps into creases at $\varepsilon = 0.45$, (iii) forms an array of creases at larger compressive strains, and (iv) becomes flat at $\varepsilon = 0.36$. (b) Normalized crease depth as a function of the strain applied to the bilayer. The lines are predictions from the finite element method, with the solid line being the stable solution and the dashed line the unstable solution. The dots are experimental results, with the solid dots being on the snap-forward path and the open dots on the snap-backward path. The inset shows the confocal cross section at a strain of $\varepsilon = 0.455$. (c) Cross sections (with only the top 2/3 simulation volume shown) generated from finite element simulation showing the distribution of normalized true stress in the compression direction ($2\sigma_{11}/G$) at three different strains: right before snap-forward (α), right after snap-forward (β), and right before snap-backward (γ), as indicated in (b) with star symbols.

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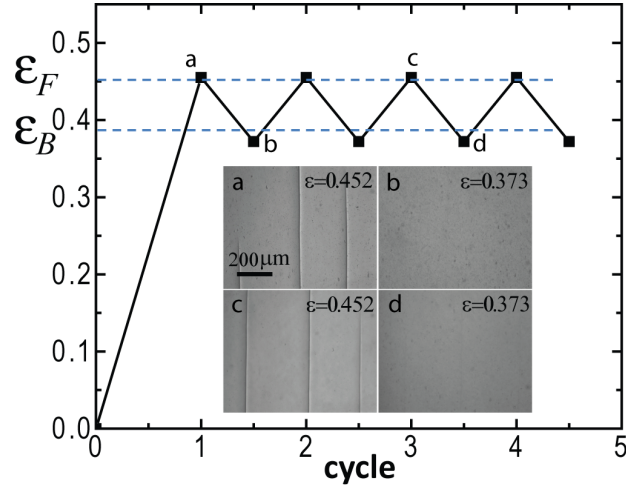


Figure 4 | Switching between flat and creased states. The sample is switched between flat and creased states by cyclically increasing and decreasing the strain. The dots are experimental data. The dashed lines are the snap-forward strain ε_F and snap-backward strain ε_B calculated using the finite element method. The optical images show the surface in four states.

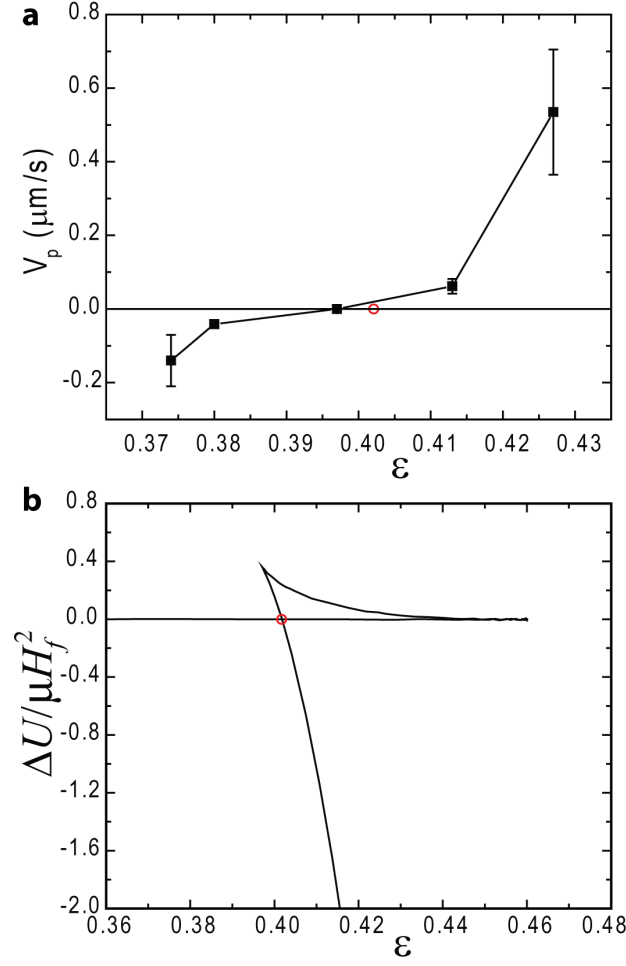


Figure 5 | The zero-speed strain and the Maxwell strain. (a) The speed at which an isolated crease propagates or retracts is measured experimentally as a function of the applied strain. The interpolated zero-speed strain is $\epsilon = 0.397 \pm 0.005$, which is close to the Maxwell strain $\epsilon_M = 0.402$ calculated using the finite element method (indicated by the red open circle). (b) The energy difference between creased and flat states as a function of the applied strain is calculated using the finite element analysis. The Maxwell strain is the strain where creased state has the same energy as flat state (indicated by the red open circle).

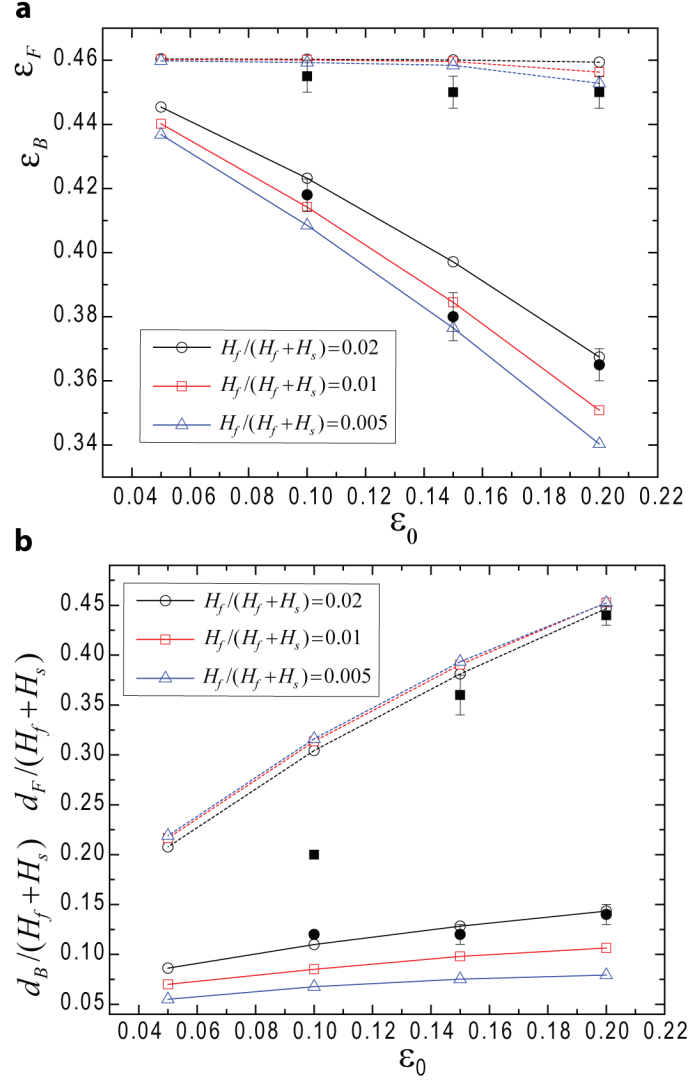


Figure 6 | Tunable hysteresis of creases. (a) Snap-forward and snap-backward strains as a function of pre-strain for different thickness ratios. (b) Snap-forward and snap-backward crease depths as a function of pre-strain for different thickness ratios. Dashed lines (snap-forward) and solid lines (snap-backward) are calculated using the finite element method. The black solid symbols are experimental results for thickness ratio $H_f/(H_f + H_s) = 0.02$, in good agreement with numerical results.

Supplementary Movie 1

When the substrate is subject to a pre-strain of $\varepsilon_0 = 0.15$ and the bilayer is subject to an additional compressive strain of $\varepsilon = 0.42$, between the Maxwell strain and the snap-forward strain, the flat surface is metastable. A gentle poke overcomes the energy barrier and the flat surface snaps into a deep crease. The deep crease propagates at both ends and crosses the entire surface of the sample over time.

Supplementary Movie 2

When the substrate is subject to a pre-strain of $\varepsilon_0 = 0.15$ and the bilayer is subject to an additional compressive strain of $\varepsilon = 0.373$, below the snap-backward strain, the flat surface is stable. A poke creates a crease, but the crease disappears afterwards.

Supplementary Movie 3

An isolated crease is formed by poking the surface of a sample compressed to a strain between the Maxwell strain and the snap-forward strain. The crease propagates forward. When the compressive strain is reduced stepwise, the velocity decreases. When the strain is reduced to the Maxwell strain, the crease arrests. When the strain is reduced below the Maxwell strain, the crease retracts.

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